



When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

-Changing into and out of swimsuits other than in locker rooms or other designated areas is not permitted.

#### Eligibility:

-The meet is open to USA Swimming-registered swimmers and the entrant must be a USA Swimming member as provided in Article 302.

-Swimmer's age as of October 26, 2018 determines age for the meet.

-Swimmers must be 12 years old to be eligible for Senior events.

#### Entries:

**-Email entries to [johnj@ymcanwla.org](mailto:johnj@ymcanwla.org). All entries are due by Friday October 19, 2018 by 12:00pm.**

-This meet is limited to 300 swimmers.

-Swimmers may enter no more than 4 events per session

-Entries are accepted on first come basis and electronic entry file from the Head Coach/Team Entry Chair is required for entry. Once entry limit is reached the meet will be closed. Teams will not be split.

-Deck entries will be accepted at the discretion of the Meet Director to fill open lanes in existing heats only. No new heats will be created. The Deck Entry Fee is double the pre-meet entry fee and payable at time of entry. This includes ANY changes from one event to another during the meet.

Entry Fees:    \$3.50 per event (\$8 per relay)  
                      \$8.00 LA Swimming swimmer surcharge (per swimmer)  
                      \$5.00 Facility charge (per swimmer)

***Fees payable to YMCA of NWLA***

#### Conduct:

-Timed Final events will be swum slowest to fastest.

-All competition will take place in the Scoreboard End

-Warmup/Warmdown will be available at the non-competition end of the pool

#### Scoring:

-Top 8 places will be scored.

\*Age Group events will be scored 6 & Under, 7-8, 9-10, 11-12, 13-14, 15 & Over

-Ribbons will be presented to 12 & under for first through eighth place

-Senior – no age group breakdown for scoring, no awards

#### Visiting Team Procedures:

-Each team will be assigned warmup lanes prior to start of warmup.

-Each team will provide timers in proportion to meet entries in a session.

#### Seating:

-Bleacher seating will be reserved for spectators along the far wall of the 25y competition end. No team seating in this area please.

-Limited bleacher seating will be available for swimmers/teams along the far wall of the warmup/warmdown end.

-If numbers dictate, Teams/Swimmers are asked to make their main camp in the gym.

-an announcer will be provided to keep everyone up to speed on pace of the meet and current events/heats.

**Times below are subject to change pending entry totals.**

**Friday, October 26 – SESSION 1**

**Warmup 4:30PM Meet 5:30PM**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
101	12 & Under 200 IM	102
103	Senior 400 IM	104
105	9-10 200 Free	106
107	11 & Over 500 Free*	108

**Saturday, October 27 – SESSION 2**

**Warmup 8:00AM Meet 9:00AM**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
201	13&over 50 Free*	202
203	11-12 50 Free	204
205	Senior 200 Butterfly	206
207	11-12 100 Butterfly	208
209	13&over 100 Back*	210
211	11-12 50 Back	212
213	13&over 200 Free*	214
215	11-12 200 Free	216
217	Senior 200 Breast	218
219	11-12 100 Breast	220
221	13&over 200 Free Relay	222
223	11-12 200 Free Relay	224

**Saturday, October 27 – SESSION 3**

**Warmup 12:00PM Meet 1:00PM**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
225	9-10 100 Breast	226
227	8&under 50 Breast*	228
229	9-10 100 Free	230
231	8 & Under 100 Free*	232
233	9-10 50 Back	234
235	8&under 25 Back*	236
237	9-10 50 Butterfly	238
239	8&under 25 Butterfly*	240
241	9-10 200 Free Relay	242
243	8&under 100 Free Relay	244

**Sunday, October 28 – SESSION 4****Warmup 8:00AM Meet 9:00AM**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
301	11-12 100 Back	302
303	Senior 200 Back	304
305	11-12 50 Butterfly	306
307	13&over 100 Butterfly*	308
309	11-12 100 Free	310
311	13&over 100 Free*	312
313	11-12 100 IM	314
315	13&over 200 IM*	316
317	11-12 50 Breast	318
319	13&over 100 Breast*	320
321	11-12 200 Medley Relay	322
323	13&over 200 Medley Relay	324
325	Senior 1000 Free	326

**Sunday, October 28 – SESSION 5****Warmup 12:00PM Meet 1:00PM**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
327	8&under 50 Free*	328
329	9-10 100 Back	330
331	8&under 50 Back*	332
333	9-10 100 IM	334
335	8&under 100 IM*	336
337	9-10 50 Free	338
339	8&under 25 Free*	340
341	9-10 50 Breast	342
343	8&under 25 Breast*	344
345	9-10 100 Butterfly	346
347	8&under 50 Butterfly*	348
349	9-10 200 Medley Relay	350
351	8&under 100 Medley Relay	352