

Louisiana Swimming

2018 8 & Under Regional Championship

Hosted by: Bulldog Aquatics Club

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #1765

Location

Lambright Sports and Wellness Center
921 Tech Drive
Ruston, Louisiana 71270

Meet Referee

Rick Whitney: rdw2usas@gmail.com

Meet Director

Cameron Brandao
Head Coach- BAC: cameron.brandao@gmail.com

Date & Time

Saturday July 28, 2018

Warmups will start at 10:00am; Meet starts at 11:00am

Facility

Indoor, heated, 25 yard, eight-lane course with non-turbulence lane lines.

A separate warm-up/down lane is available throughout the meet.

Water Depth: The water depth at the start is 13'0"; 15 meters from the start the depth is 11'11". At the turn the depth is 4'6"; at 15 meters from the turn the depth is 5'0".

Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Timing

Colorado Time System 6 with touch pads and back-up buttons will be used. Secondary system will be two stopwatches per lane.

Rules

Conduct of this sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming and Louisiana Swimming.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-ups, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All meet directors, referees, starters, and stroke and turn judges serving in an official capacity must be members of USA Swimming.

All coaches and officials MUST constantly display their current USA Swimming credentials or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or a designee at any time. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not allowed.

It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event.

Warm-up & Procedures

Lane assignments for warm-up sessions will be posted prior to Saturday's warm-ups. There will be three 20 minute warm-up sessions. USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative.

Timing Assignments

Each team will provide timers in proportion to meet entries in a session. Timers will report 10 minutes prior to the start of the session.

Clerk of Course

One coach from each team must work the Clerk of Course to ensure the meets run smoothly. All other spectators WILL NOT BE ALLOWED in the Clerk of Course area.

Entries

Each swimmer may swim 4 individual events and 2 relay events.

Entries must be electronically submitted.

Deadline: **July 17, 2018 by 8:00 pm**

Email: cameron.brandao@gmail.com

Entry Fees

Individual events: \$3.50

Relay events: \$8.00

LSI surcharge: \$12.00

Facility fees: \$5.00

**Checks should be made payable to "Bulldog Aquatics Club"

Scoring

The top 16 places in each event will be scored.

Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay: 40, 34, 32, 30, 28, 26, 24, 22, 11, 14, 12, 10, 8, 6, 4, 2

Awards

Top 3 finishers in each event will receive medals & 4th – 8th finishers in each event will receive ribbons. High point awards will be awarded to the top male and female point scorers in the 6 & under, 7 year old, and 8 year old age groups. Team trophies will be presented to the top 3 teams based on combined male and female points, for individuals and relays.

Coaches Meetings

Any necessary meetings will take place 15 minutes prior to the start of the session or when deemed necessary by the meet referee.

Event Schedule

Female	Event	Male
1	6 & U 100y Freestyle Relay	2
3	8 & U 100y Freestyle Relay	4
5	8yo 50y Freestyle	6
7	7 & U 50y Freestyle	8
9	8yo 25y Backstroke	10
11	7yo 25y Backstroke	12
13	6 & U 25y Backstroke	14
15	8yo 25y Breaststroke	16
17	7yo 25y Breaststroke	18
19	6 & U 25y Breaststroke	20
21	8yo 25y Freestyle	22
23	7yo 25y Freestyle	24
25	6 & U 25y Freestyle	26
27	8yo 25y Butterfly	28
29	7yo 25y Butterfly	30
31	6 & U 25y Butterfly	32
33	8yo 100y IM	34
35	7 & U 100y IM	36
37	6 & U 100y Medley Relay	38
39	8 & U 100y Medley Relay	40