2012 LOUISIANA SHORT COURSE STATE
SWIMMING CHAMPIONSHIPS
FEBRUARY 9 – 12, 2012

Sponsored by Louisiana Swimming, Inc.

Sanctioned by Louisiana Swimming, Inc., Sanction #1121

Meet Director Ed Kelly

Meet Referee Ron Moore

Location Sulphur Aquatics Center
933 W. Parish Rd., Sulphur, LA 70663

Date and Time Thursday, February 9 – Sunday, February 12, 2012

A. As passed at the 2011 General Membership Meeting, all finals warm-ups will begin 90 minutes before the meet start time. The warm-up will be open with the first 45 minutes, all lanes will be circle swimming. Forty-five minutes prior to the start of the meet, lanes 1 and 8 become pace lanes. Twenty-five minutes prior to the start of the meet, lanes 2 and 8 become one-way dive lanes. Ten minutes prior to the start of the meet, the pool will close.

B. Thursday night warm-ups for the mixed 1000 Freestyle events will begin at 5:30 p.m.; competition will begin at 7:00 p.m.

C. All morning sessions will begin at 9:00 a.m. with warm-ups at 7:30 a.m. and 8:10 a.m. There will be two 40-minute warm-up sessions before preliminaries. The morning sessions will consist of the following:
   1. Preliminaries for all age groups and Open events.
   2. All but the fastest heat of the 1650 free.
   3. All age group relays will be swum in the morning sessions and all Open relays will be swum in the afternoon sessions.

D. Friday through Sunday finals sessions will begin at 4:30 p.m. with warm-ups starting at 3:00 p.m.

E. Final's sessions will consist of the following:
   1. Consolation finals and finals for 13 and above age groups.
   2. Championship heat only for the 10/Unders and 11-12 age groups.
   3. Fastest heat of the Open 400 IM, 1650, 13-14, 15-16 and Open freestyle.

Facilities Indoor 50 meter pool divided into two eight-lane 25-yard pools by paddock bulkheads with non-turbulent lane lines. The competition course has been certified in accordance with 104.2.2 C (4). A copy of such certification is on file with USA Swimming. Electronic timing is provided

for all 16 lanes. There is one warm-up pool adjacent to the main pool. Starting blocks will be provided for both pools.

The water depth in the east pool at the start is 6'8"; 15 meters from the start the depth is 7'0". At the turn, the depth is 7'4"; 15 meters from the turn, the depth is 6'10". The water depth in the west pool at the start is 13'0"; 15 meters from the start, the depth is 7'11". At the turn, the depth is 7'7"; 15 meters from the turn, the depth is 10'6".

Timing

Colorado automatic timing with scoreboard display will be the primary system. Secondary system will be manual – electronic with two buttons per lane. Tertiary system will be two digital watches per lane with a third watch on first place in each event.

Rules

Conduct of this sanctioned meet shall conform in every respect to the 2012 United States Swimming Technical Rules and Code of Regulations and Bylaws and Policies and Procedures of Louisiana Swimming. At this meet, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision if requested in advance.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Eligibility

Swimmers must have current 2012 USA registration and have met the established qualifying times for this meet. To swim a bonus event, the swimmer must have met the current National Age Group Motivational "BB" qualifying time. This meet is a closed championship. Age as of February 9, 2012 will determine the swimmer's age for the entire meet.

As passed at the September, 2011 General Membership Meeting, any athlete member of a Louisiana swim team is eligible to participate in our State Championship Meets.

Any swimmer that wins an event in the district meet with a distance of 50, 100, or 200, will automatically swim that event in the state meet with no more than three swims a day. Swimmers who change age group after district and prior to state, can still swim in their younger age group, but will be placed on the results with the older age group.

No watch time splits may be used as qualifying times for state meets.

Limit of Events

Each swimmer may enter a maximum of three individual events plus relays per day, not to exceed a total of six (6) individual events, plus relays for the entire meet. The 400 IM, 400/500, 800/1000, and 1500/1650 free are no longer to be used as bonus events. You must

have the qualifying times to swim these events. Qualifying times made for either the 1000/1650-yard or 800/1500-meter free may be used to swim either event.

As passed at the September, 2011 General Membership Meeting, a swimmer who has one or two qualifying times is eligible to swim two (2) bonus events. The following rules remain unchanged: A swimmer who has three qualifying times is eligible to swim three (3) bonus events. A swimmer who has four qualifying times is eligible to swim two (2) bonus events. A Swimmer who has five qualifying times is eligible to swim one (1) bonus events. To swim a bonus event, the swimmer must have met the current National Age Group Motivational "BB" qualifying time.

Entry Fees

Individual events: $ 3.50 each
Relay events: $ 8.00 each

Surcharge

A $10.00 surcharge will be assessed each individual who participates in the Championship Meet. $5.00 will go to the LSI All Star Travel Fund, and $5.00 will go to the host team.

Travel Fund

10% of all entry fees will be submitted to the LSI travel fund.

Scoring

Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Open relays must equal or better qualifying times in order to score points. Individual points scored in age group events are not scored toward Open individual and/or team awards. Points scored in Open events are scored toward age group individual and/or team an award providing that event is not offered in their respective age group.

Age Group Team Champions: Points will be compiled for each boy/girl age group including Open in order to ascertain team boy or girl age group and Open champions. **No awards will be given.**

Awards

Individual Events: Medals: 1st - 8th places
Ribbons: 9th - 16th places
All State Patches: 1st - 3rd places

Relay Events: Medals: 1st - 3rd places
Ribbons: 4th - 16th places
All State Patches: 1st - 3rd places

Overall Team Championship Awards: 1st - 8th places

Individual High Point Awards:
A high point award will be awarded to each outstanding boy and girl swimmer of each age group and open category who accumulates the highest number of points for each respective category.

Damon McCoy Swimmer of the Meet Award:
Presentation of this award will be made following the final event on Sunday evening.

Ray Harvard Award:
Presentation of this award will be made prior to the swimming of the Open freestyle relays on Saturday evening.

Ray Brenner Award:
This award will be presented to the Outstanding LSI Coach for 2011. The winner was chosen by vote of the LSA coaches at their fall meeting and will be presented prior to the swimming of the Open freestyle relays on Saturday evening.

2012 Short Course State Sportsmanship Award:
This award was initiated by the athlete representatives and issued for the first time at the 1997 Long Course State Meet and is presented at each state meet. This award has been initiated to create a more enthusiastic championship meet and some fast swimming. This award is presented to the team who demonstrates not only great spirit through team cheers, signs, etc., but also good sportsmanship. Every team has two votes to cast on Sunday evening. However, for a more varied voting range, the meet referee as well as five other randomly chosen officials will each have two votes to be counted in the final tally. The meet referee and officials often get a better glimpse of what is going on around the pool deck. Therefore, their votes are important. Meet officials will be randomly chosen just prior to Thursday night's session. Ballots will be handed out at the end of preliminaries on Sunday and should be handed in by 6:00 p.m. Sunday to the senior athlete representative.

Meet Officials

Each participating team shall provide officials or assume various responsibilities as outlined on the attached Officials Work Assignments. Teams failing to comply with these assignments will be subject to any or all of the following:

1. $100.00 fine and still required to provide officials.
2. Expulsion from the meet with no return of entry fees.

If unable to fulfill the assigned requirements, teams must submit a statement with their entries outlining which responsibilities they can fulfill, and which they cannot fulfill. If necessary, final resolution of problems concerning these responsibilities will be made at the coordination meeting on Thursday night. If you are unable to provide workers for your assigned positions, please notify Ron Moore in writing prior to the start of the meet. State the reasons you will be unable to comply. Ron Moore, 13906 Hootsell Court, Baton Rouge, LA 70816; e-mail ronm184@bellsouth.net

All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming. All officials must constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time.

Warm-up

United States Swimming rules now require close supervision of all warm-up periods. Each lane must be supervised by a coach or a team representative who is a member of USA Swimming. No diving will be allowed except at the end of the pool in the lanes where such supervision exists. Lane assignments will be posted in the heat sheet along with

other instructions. It is suggested that you limit the number of swimmers that you have in the pool at any one time. A 15-minute continuous or short swim is a much better warm-up than 45 minutes of standing in the pool or hanging on the lane ropes. Remember, it is the coaches' responsibility to instruct swimmers regarding safety guidelines during warm-ups. Note that it is the host team's responsibility to furnish appropriate guards to monitor warm-up/downs. Swimmers who fail to follow safety procedures in warm-up/down pool subject themselves to appropriate sanctions and possible dismissal from the meet.

Coaches

If required, the final coordination meeting for the remainder of the meet will be held following the completion of the 800 relays, no earlier than 8:00 p.m. If necessary, there will be a meeting of the coaches at 8:45 a.m. each day. Coaches should be ready to attend a meeting regarding the Long Course State Meet and any other appropriate business. The meeting, as directed by the LSI, will be conducted immediately following the Friday morning session.

All coaches must constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The meet referee reserves the right to ask for a coach credential and/or deny deck access if coach does not comply or card is no longer valid/current.

Athlete's Rep

If necessary, there will be a meeting of all athletes at the end of preliminaries on Sunday morning.

Official's Recertification

This meet has been designated for USA Swimming official's recertification and possible national certification. The required briefings will be held 45 minutes in advance of each session. Official's LSC Recertification Clinic will be held between preliminary and finals on Saturday. Stroke and Turn Certification Clinic will be conducted between sessions on Sunday.

CONDUCT OF LOUISIANA STATE SHORT COURSE SWIMMING CHAMPIONSHIPS

A. The preliminary events will be started from both ends of the pool. Boys' and girls' events will start from either the diving well end or the American flag end of the pool and may be alternated each day. Some of the mid-distance and long-distance finals events may be run using each end of the pool. This meet has been exempt from the LSI time limit rule. Based upon entries and time, finals may be run in two pools.

B. Preliminaries will be held for the following:
   - 10/Under, 11-12, 13-14, 15-16, and Open individual events. The 400 IM, 500 Free, 1000 Free, and 1650 Free are timed final events with the fastest heat being swum in final session. All other heats will be swum with the preliminaries, except the 1000 Free, which will be swum on Thursday, no earlier than 7:00 p.m.

C. Timed Finals will be held for the following:
   - **11-12 400/500 Free and the 800/1000 Free (Mixed):** These events will be swum Thursday evening no earlier than 7:00 p.m. These are deck-seeded events. Swimmers must have the qualifying time to swim these events. All scratches or confirmation and, if necessary, proof of seedtime must be reported to the clerk of course by 6:30 p.m. This event will be swum fastest to slowest. Clubs are reminded that they are to provide their own timers and counters. Official announcements will be made 30 – 40 minutes prior to the event being swum. Final participants will then be seeded according to USA seeding rules for Timed Finals.

   - **400 IM:** The fastest heat will be swum in the final session on Friday. All other heats will be swum fastest to slowest in the preliminary session on Friday. This is a deck-seeded event. Swimmers must have the qualifying time to swim this event. All scratches or confirmations and, if necessary, proof of seedtime must be reported to the clerk of course by 8:00 a.m. Official announcements will be made 30 - 40 minutes prior to the event being swum. Final participants will then be seeded according to USA seeding rules for Timed Finals

   - **400/500 Free:** The fastest heat will be swum in the final session on Saturday. All other heats will be swum fastest to slowest in preliminaries on Saturday at the end of the relays. This is a deck-seeded event. Swimmers must have the qualifying time to swim this event and must provide their own timers. Proof of seedtime must be submitted to the clerk of course by 8:00 a.m.

   - **1500/1650 Free:** All but the top heat will be swum 10 minutes after the conclusion of the preliminaries on Sunday. This event will be swum fastest to slowest. This is a deck-seeded event. Swimmers must have the qualifying time for the 1500/1650 Free or 800/1000 Free to swim this event. All scratches or confirmation and, if necessary, proof of seed time must be reported to the clerk of course one hour prior to the event being swum. Clubs are reminded that they are to provide their own timers and counters. Official announcements will be made 30 – 40 minutes prior to the event being swum. Participants will then be seeded according to the USA seeding rules for Timed Finals.

   Relays:
   - The age group relays will be swum in the preliminary sessions.

   - All Open relays will be swum in the finals sessions.

- Relays submitted with no times will not be accepted. Relays will be seeded by submitted times. When reporting to the starting block, relay cards must show the names, ages, and order of swimming of competing swimmers. As directed by the LSI, the head lane timer will be instructed to prevent the relay from swimming if they do not present a properly filled out card. The head lane timer will immediately notify the head deck referee if any relay card is received in the office without the above information. In accordance with the new LSA relay policy, relay cards that are improperly filled out will result in the team being fined $25 per infraction, payable prior to swimming the next event.

- Only swimmers appearing on team official entry blanks are eligible to swim in relays.

- In order to swim multiple age group relays, the composition within each age group is as follows: swimming one relay requires one individual qualifier; two relays require five qualifiers; three relays require nine qualifiers, etc.

D. Championship and Consolation Finals for all age groups and Open will be swum during the afternoon sessions.

E. Consolation Finals and Finals heats will each contain a maximum of eight swimmers. The heat sheet for final events will list two alternates. If additional alternates are required, they will be pulled sequentially from the preliminary results.

F. Placing and point scoring shall be based on official final time.

G. Scratches:
- The team coach must confirm all scratches and confirmations of swimmers. If applicable, scratch forms must be submitted to the Clerk of Course by 8:30 a.m. each day for the morning sessions and during the break between sessions for the afternoon Timed Final Events. The Scratch Rule regarding confirmation of swimmers for the Consolation Finals and Finals and for deck-seeded Finals will be implemented.

H. Qualifying Times
- Qualifying times have been established in yards or meters for all age groups and Open events. Respective entries must reflect yard or meter after entry times as set forth by the state qualifying times.

I. Proof of Times:
- Participants in individual events who fail to meet the event qualifying time or whose time is challenged by a coach must furnish verification of the seed time for that specific event. If unable to prove the seed time, the swimmer will automatically be disqualified from that event and the remainder of the meet. Proof of time must be made within twenty minutes of the team being called or the swimmer will be disqualified from that event and the remainder of the meet.

- All seed times must have been achieved in a USA sanctioned or approved meet. This includes High School Championship meets as approved by the LSI.

- Seed times must be verified from Final Result Sheets of meets held during the period covering January 1, 2011 to the date of the 2012 Short Course State Meet. All meet results presented as proofs of time must have the cover sheet attached showing the name of the meet, date, length of course and sanction or approved number.

J. Entries – Computer:

- The USA Swimming Online Meet Entry (OME) will be used for state entries. The deadline for entries is end-of-day on Feb. 1, 2012.

- Non-conforming times must meet the state Minimum Qualifying Times.

- Relay times must be submitted for seeding purposes. Teams without times will not be accepted.

K. Fees will be paid at the meet check-in. Make checks payable to Louisiana Swimming, Inc. All entries must be completed no later than midnight on Wednesday, February 1, 2012. No late entries will be accepted. Once the meet has been finalized, additional information will be posted on the Louisiana Swimming web site (www.louisianaswimming.org).

Please send an email to Ed Kelly indicating which warm-up session you would like to request for your team.

Direct any questions Ed Kelly, 985-643-6706 (home and/or fax), 504-458-3060 (cell), or e-mail hscflyer@bellsouth.net

ORDER OF EVENTS

Thursday, February 9, 2012		
1	Mixed Open 1000 Freestyle	1
3	11 – 12 500 Freestyle	4
5	Open 800 Freestyle Relay	6
Friday, February 10, 2012		
7	Open 400 IM	8
9	11 – 12 200 IM	10
11	10 & Under 200 IM	12
13	Open 100 Freestyle	14
15	15 – 16 100 Freestyle	16
17	13 – 14 100 Freestyle	18
19	11 – 12 100 Freestyle	20
21	10 & Under 100 Freestyle	22
23	Open 100 Butterfly	24
25	15 – 16 100 Butterfly	26
27	13 – 14 100 Butterfly	28
29	11 – 12 100 Butterfly	30
31	10 & Under 100 Butterfly	32
33	Open 200 Breaststroke	34
35	15 – 16 200 Breaststroke	36
37	13 – 14 200 Breaststroke	38
39	11 – 12 50 Breaststroke	40
41	10 & Under 50 Breast	42
43	Open 400 Freestyle Relay	44
Saturday, February 11, 2012		
45	Open 200 IM	46
47	15 – 16 200 IM	48
49	13 – 14 200 IM	50
51	11 – 12 100 IM	52
53	10 & Under 100 IM	54
55	Open 50 Freestyle	57
57	15 – 16 50 Freestyle	58
59	13 – 14 50 Freestyle	60
61	11 – 12 50 Freestyle	62
63	10 & Under 50 Freestyle	64
65	Open 200 Backstroke	66
67	15 – 16 200 Backstroke	68
69	13 – 14 200 Backstroke	70
71	11 – 12 50 Backstroke	72
73	10 & Under 50 Backstroke	74
75	Open 100 Breaststroke	76
77	15 – 16 100 Breaststroke	78
79	13 – 14 100 Breaststroke	80
81	11 – 12 100 Breaststroke	82
83	10 & Under 100 Breaststroke	84
85	Open 500 Freestyle	86

87	15 – 16 500 Freestyle	88
89	13 – 14 500 Freestyle	90
91	10 & Under 200 Freestyle Relay	92
93	11 – 12 200 Freestyle Relay	94
95	13 – 14 200 Freestyle Relay	96
97	15 – 18 200 Freestyle Relay	98
99	Open 400 Medley Relay	100
Sunday, February 12, 2012		
101	Mixed Open 1650 Freestyle	101
103	10 & Under 50 Butterfly	104
105	11 – 12 50 Butterfly	106
107	13 – 14 200 Butterfly	108
109	15 – 16 200 Butterfly	110
111	Open 200 Butterfly	112
113	10 & Under 100 Backstroke	114
115	11 – 12 100 Backstroke	116
117	13 – 14 100 Backstroke	118
119	15 – 16 100 Backstroke	120
121	Open 100 Backstroke	122
123	10 & Under 200 Freestyle	124
125	11 – 12 200 Freestyle	126
127	13 – 14 200 Freestyle	128
129	15 – 16 200 Freestyle	130
131	Open 200 Freestyle	132
133	10 & Under 200 Medley Relay	134
135	11 – 12 200 Medley Relay	136
137	13 – 14 200 Medley Relay	138
139	15 – 18 200 Medley Relay	140

ORDER OF EVENTS